

101 Dressage Exercises For Horse Rider

The Howell Equestrian Library is a distinguished collection of books on all aspects of horsemanship and horsemastership. The nearly fifty books in print offer readers in all disciplines and at all levels of competition sound instruction and guidance by some of the most celebrated riders, trainers, judges, and veterinarians in the horse world today. Whether your interest is dressage, show jumping, or western riding, or whether it is breeding, grooming, or health care, Howell has a book to answer your needs. Get to know all the books in the Howell Equestrian Library; many are modern-day classics and have achieved the status of authoritative references in the estimation of those who ride, train, and care for horses. The Howell Equestrian Library

A healthy horse is a happy horse. Packed with dozens of essential health care skills every horse owner should know, this guide will help you keep your animal healthy, save you money, and make your horse operation more self-sufficient. Cherry Hill provides illustrated step-by-step instructions for routine medical maintenance like hoof care, dental exams, and checking vital signs, while also showing you how to deal with an injured horse and the correct techniques for treating wounds, giving injections, wrapping a leg, and preventing infection.

With this pocket-sized guide in hand, you'll find it easy to develop and perfect your English riding skills. Cherry Hill's exercises will help you hone lateral work, master collection, perfect lead changes, and fine-tune transitions and change of direction.

Ground training is the key to a safe and pleasurable riding experience. Designed for easy reference while working with your horse, this guide can be hung on a post. Riders of all disciplines and skill levels will benefit from these exercises that reinforce good habits and help develop a strong bond between horse and rider.

101 Dressage Exercises for Horse & Rider

The Unscheduled Dismount

Perfektion im Sattel

Lautlose Sprache

Die Monty-Roberts-Methodes des JOIN-UP

Equus

präsentiert von einem Reiter des Cadre Noir in Saumur

Dressage is the ultimate achievement of oneness between horse and rider. Featuring a full arena diagram and step-by-step instructions for each exercise, this sturdy book is designed to allow the rider to hang it on a hook and refer to it from the saddle. You'll learn how to improve balance, and suspension; and perfect flying changes as you work toward dressage success.

Dies ist die faszinierende Lebensgeschichte des Mannes, der die Sprache der Pferde beherrscht und mit seinem Körper ausdrückt. Monty Roberts ist der wahre "horse whisperer", der echte Pferdeflüsterer. Seit frühester Jugend arbeitet er mit Pferden. Seine dabei entwickelte Trainingstätigkeit ist ein ständiger Dialog, ist ein geduldiges, respektvolles Eingehen auf den Partner Pferd. Der Erfolg bestätigt Monty Roberts! Seine Arbeitsweise kennt keine Verlierer und ist der überzeugende Beweis dafür, daß zwischen Mensch und Natur ein gewaltfreier, friedlicher Dialog möglich ist. Bestseller! Dieses einzigartige Buch wird nicht nur bei allen Reitern und Pferdefreunden Begeisterung wecken.

Die Sprache der Pferde - zum ersten Mal von Monty Roberts kompakt dargestellt! Die Monty-Roberts-Methode des Join-up hat sich in den vergangenen Jahren weltweit bewährt. In seinem neuen Trainingshandbuch beschreibt und erläutert der "wahre Pferdeflüsterer" die einzelnen Schritte Mensch und Pferd. Dieses Buch ist die Quintessenz aus sechs Jahrzehnten Arbeit mit Pferden, es ist das Hauptwerk des Monty Roberts - ein Muss für alle Reiter und Pferdeliebhaber!

Train your horse to embrace a life around humans. Focusing on developing the skills vital for every domesticated horse, this guide stresses the importance of creating an atmosphere where both trainer and horse can overcome fear and cultivate mutual respect. With a series of ground training exercises to enrich and strengthen your horse's comfort around people, you can increase attentiveness, boost confidence, and help your horse reach his full potential.

55 Corrective Exercises for Horses

A Training Guide to Developing a Confident and Safe Horse

A Western & English Ringside Guide for Practice & Show

Thelwells Western-Reiter

101 Jumping Exercises for Horse & Rider

Balance in der Bewegung

101 Horsemanship & Equitation Patterns

Build teamwork and good horsemanship as you work through these fun and rewarding exercises. With clearly drawn arena diagrams and step-by-step instructions for each exercise, your team will become a cohesive unit as you progress from basic skill-building drills to fun and challenging synchronized formations. Debbie Kay Sams even includes 10 complete performance routines with choreography that incorporates the skills and exercises you've mastered. Get ready to dazzle the crowd at your next event!

Get your horse in shape and maintain his overall fitness, regardless of his age or abilities. Equine Fitness will have your horse looking and feeling his best with a series of fun exercise routines specifically designed to enhance his strength, stamina, and agility. Clear step-by-step instructions and detailed illustrations make the exercises easy to follow, and the book includes a handy set of pocket-sized cards that you can use in the ring. Jec Ballou's simple conditioning program promises lasting results for healthy horses and satisfied riders.

Suggests exercises for both English- and Western-style riders, progressing from basic skills to more advanced maneuvers and patterns

Storey's Guide to Training Horses is a one-stop reference for every aspect of horse training, including a complete program for turning a shy and gangly foal into a calm, confident, well-balanced equine partner. Now with full-color photography, the third edition includes step-by-step guidance on all the essential training procedures for both English- and Western-style riding, including haltering and leading, saddling and mounting, and addresses the finer points of gaits, lightness, and collection. Best-selling author Heather Smith Thomas draws on her decades of equestrian experience to anticipate every situation that might arise and provide answers to managing all the potential challenges of training different types of horses.

Ride the Right Horse

Essentials For Combined Training And Horse Trials

Aus dem Französischen in's Deutsche übertragen von Carl von Kopal

A Step-By-Step Photographic Guide to Mastering Over 100 Horsekeeping Skills

101 Arena Exercises

Der Sitz des Reiters

Horse Health Care

With this pocket-sized guide in hand, you'll find it easy to develop and perfect your English riding skills. Cherry Hill's exercises will help you learn to hone balance and precise use of aids, improve bending, polish transitions, develop lateral work, and begin collection.

Whatever your primary equestrian discipline, dressage is an ideal way for you to increase your riding awareness and enhance your relationship with your horse. Providing an overview of basic techniques and a series of helpful training exercises, Jennifer O. Bryant stresses the tenets of harmonious communication between horse and rider as she guides you through the graceful movements of dressage. With suggestions on how to find qualified instructors and information on necessary equipment, this comprehensive guide will inspire you to explore this exciting and rewarding world.

Susanne von Dietzsch Buch "Balance in der Bewegung" ist seit dem Ersterscheinen längst zum Klassiker in der Reitsportliteratur geworden. Mit dieser Neuauflage gelingt der Autorin eine neue und faszinierende Perspektive auf die klassische Reitlehre. Sie betrachtet die überlieferten Vorgaben für den korrekten Sitz und die effektive Einwirkung einerseits mit dem geschulten Blick der Krankengymnastin, andererseits mit dem erfahrenen Auge der Ausbilderin. In einer ausführlichen Analyse untersucht sie die anatomischen Grundlagen für Sitz und Hilfengebung. Das komplexe Bewegungssystem, in das Reiter und Pferd eingebunden sind, ist anfällig für viele Störungen. Sie schreibt nicht nur darüber, mit welchen unterschiedlichen Methoden und Einwirkung erlernt werden können, sondern gibt zahlreiche Tipps für das Erkennen und Beheben individueller Schwächen und Sitzfehler. - komplett neu überarbeitet - ca. 150 neue Fotos und 100 Zeichnungen - viele neue Merksätze, Tipps und praktische Übungsvorschläge

Take your riding to a new level! Bringing together recognized classic exercises for both English and Western riders plus her own original patterns and maneuvers, Cherry Hill provides an array of drills that will improve your riding technique. Whether you are a rider interested in expanding your repertoire or an instructor looking for new drills, these exercises will add excitement and variety to your training.

Shy Boy

Gespräche mit einem Mustang

101 Schooling Exercise for Horse and Rider

The Official Guide of the United States Dressage Foundation

101 Longeing and Long Lining Exercises:English and Western

Praxisbuch Handarbeit

101 Ground Training Exercises for Every Horse & Handler

Three-day eventing, known as the “complete competition,” requires the same horse-and-rider team to ride a dressage test, a demanding cross-country obstacle course, and a show-jumping round. 101 Eventing Tips includes advice on selecting a horse, establishing horse-and-rider training programs and taking part in entry-level competitions.

Seit Jahren ist Philippe Karls Klassiker Hohe Schule mit der Doppellonge wohl das Buch schlechthin zum Thema Doppellongenarbeit. Der französische Reitmeister geht hier ausführlich auf alle Aspekte dieser vielseitigen Ausbildungsmethode ein und zeigt, wie sich Pferde damit effektiv in allen Lektionen bis zur Hohen Schule fördern lassen eine ideale Ergänzung zur Ausbildung unter dem Sattel. Dieses Buch gibt Schritt für Schritt genaue Anleitung zur Hilfengebung und korrekten Ausführung jeder Lektion. Die Doppellongenarbeit ist wohl eines der vielseitigsten Mittel in der klassischen Pferdeausbildung und eine ideale Ergänzung zum Reiten: Pferde können so ohne Reitergewicht in allen Lektionen geschult und auf die Arbeit unter dem Sattel vorbereitet werden. Hohe Schule mit der Doppellonge , das zweite Buch des französischen Reitmeisters Philippe Karl, ist seit Jahren der Klassiker zum Thema. Schritt für Schritt zeigt dieses Buch alle Feinheiten der Ausbildung mit der Doppellonge: die richtige Hilfengebung, das erste Gewöhnen des Pferdes an die Leinen, erste einfache Wendungen, die Arbeit in den Seitengängen und die Schulung über Sprüngen bis hin zu Passage, Piaffe und Pesade. Ein unverzichtbares Buch für alle, die ihre Pferde auch am Boden nach klassischen Prinzipien ausbilden möchten. (Quelle: www.buchkatalog.de 26.04.2010)

A collection of charming and witty stories that cover a life with horses from an ordinary day at the barn to the frustrations of training and riding lessons.

Get jumping! This collection presents a logical series of fun and rewarding exercises that are designed to develop your horse-jumping skills. With straightforward instructions and clear arena maps, this guide can be hung on a pole and easily referenced from the saddle. In addition to clearly articulated goals and progressively difficult variations, each exercise also includes encouraging advice on what the rider should keep in mind while jumping. Saddle up and get ready to fly through the air with grace and confidence.

Storey's Guide to Training Horses, 3rd Edition

Vom Führen bis zur Piaffe

101 Eventing Tips

The Working Equitation Training Manual

Develop a Deeper Bond with Your Horse Through a Range of Exercises and Games

A Program of Exercises and Routines for Your Horse

101 Exercises for Schooling and Competing

A good personality is the single most desirable quality in a horse, yet it is much harder to assess than conformation or gait. Describing the four basic equine personality types — social, fearful, aloof, and challenging — and their various combinations, Yvonne Barteau shows you how to recognize distinct behavior patterns that can indicate any horse's personality. Stressing the importance of compatibility between rider and horse, Barteau helps you achieve equestrian success through finding a horse whose personality best matches your individual riding style.

If you are like most people, you know what you want your horse to do and how you want him to behave. You want your training experiences to be safe and enjoyable for both you and your horse. But maybe you aren't sure what to do and when. In 101 Longeing and Long Lining Exercises you'll find complete ground training lesson plans from square 1 to square 101.

The only book available devoted to learning and perfecting working equitation obstacles. Working equitation is a competitive equestrian sport that originated in Europe, with the first European Championship held in 1996. It quickly gained a fanbase for its beauty and its focus on classical horsemanship ideals and developing handiness under saddle. In 2004 the World Association for Working Equitation (WAWE) was established, and today, many countries have their own national organizations for governing working equitation competitions, including the United States—the USAWE was formed in 2020. Heralding the advent of a brand-new way to pursue and demonstrate horse-and-rider connection, working equitation competitor and trainer Ali Kermeen has written a much-needed reference for preparing both horse and rider to participate. The Working Equitation Training Manual provides a one-of-a-kind progressive training system to those new to the sport. Lessons focus on developing confidence with the obstacle phases of working equitation while incorporating dressage principles. The elements of each obstacle are broken down and then brought back together in step-by-step exercises that: Prepare horse and rider to perform an obstacle properly. Introduce horses and riders to competition obstacles. Help improve and polish an obstacle's execution. With clear diagrams and color photographs, a helpful glossary of terms to help those unfamiliar with working equitation terminology, and variations and benefits for every exercise, readers are provided an appealing introduction to an exciting option for adding diversity to daily training, as well as showing and competing in other sports. “I started teaching these skills to all my students, regardless of their riding discipline,” says Ali. “These working equitation exercises help my riders excel at dressage, endurance, trail riding, pony clubbing, eventing, jumping, gaited horses, groundwork, Cowboy Dressage, and breed shows.” The Working Equitation Training Manual promises to do the same for you.

Warme Augen, vorwitzige Ohren, die Hufe eines Champions und das Herz eines Helden: Das ist Sherman. Doch der kleine Esel strotzte nicht immer vor Lebensfreude - ganz im Gegenteil. Als Christopher McDougall ihn bei sich aufnimmt, ist er so stark verwahrlost, dass kaum jemand an sein Überleben glaubt. Schnell wird klar, dass Sherman eine Lebensaufgabe braucht. McDougall fasst daher den wahnwitzigen Plan, Sherman für Eselrennen auszubilden, wie man sie in den Rocky Mountains veranstaltet. Auf Shermans Weg zum selbstbewussten Läufer wird er von McDougalls Familie, Freunden, Nachbarn und ein paar Eseln unterstützt. Für einige von ihnen erweist sich Sherman als Quelle des Trostes und der Unterstützung. In dieser anrührenden Geschichte um die Rettung des Esels Sherman scheinen die großen Fragen auf. Christopher McDougall führt uns vor Augen, was die meisten von uns verloren haben: die jahrtausendealte Verbindung von Mensch und Tier. Der Autor erforscht, wie viel Gemeinschaft wir brauchen, um ein glückliches Leben zu führen, und wie viel wir dafür bereit sind zu opfern. Vor allem aber ist seine charmante Geschichte eine Meditation über die heilende Kraft echter Gemeinschaft.

Hohe Schule mit der Doppellonge

Resolving Postural Problems, Improving Movement Patterns, and Preventing Injury

Longeing and Long Lining, The English and Western Horse: A Total Program

101 Drill Team Exercises for Horse & Rider

101 Arena Exercises for Horse & Rider

Methode der Reitkunst nach neuen Grundsätzen

Understanding the Core Equine Personalities & How to Work with Them

This series of Western Dressage exercises are designed to improve suppleness, balance in movement, and responsiveness. Each exercise has a specific goal in mind, and they are organized by different areas of focus: softness, looseness, rider development, engagement, adjustability, and ground work. With illustrated step-by-step instructions and full arena diagrams, you'll quickly be on your way to mastering this exciting discipline.

Learn all there is to know about horse riding, from horse care and show jumping to what it takes to master dressage, with this comprehensive guide from DK. Suitable for both novice and advanced riders, and for equestrian fans of all ages, this book will guide you through every stage of the riding process from the first time in the saddle to mastering advanced riding skills. Revised and updated to include all the latest techniques and equipment, you'll find everything you need to know about basic horse training, dressage training, and mental and physical preparation - for both horse and rider - as well as how to find and develop your ultimate horse. Presented in spectacular visual detail, this book is the ultimate guide to perfecting your equestrian skills. Featuring tips from internationally renowned horse trainer William Micklem, Complete Horse Riding Manual is a truly thoroughbred guide that is a must-have for any horse lover.

Designed to help develop a bond between the horse and the trainer, this book includes step-by-step guides on how to improve the horse's suppleness, obedience and education from the groundwork level. It teaches the trainer how to tune in to the subtle body language of the horse and communicate with it in a much clearer way.Designed to help develop a bond between the horse and the trainer, which leads to greater trust and the ability to get the most from the relationship. This book includes step-by-step guides on how to improve the horse's suppleness, obedience and education from the groundwork level. It teaches the trainer how to tune in to the subtle body language of the horse and communicate with it in a much clearer way. It also contains techniques developed and applied by top trainers and equine behaviourists.

This sequel to Cherry Hill's top-seller 101 Arena Exercises presents step-by-step instructions for unique patterns in the most popular classes of English and Western competition. The book's comb-bound format allows it to hang in the barn or lay flat on a barrel for easy reference. Full-page arena maps for every pattern make this the perfect in-the-saddle workbook for riders of all abilities.

Dressur in Harmonie

Groundwork Training for your Horse

intuitive Kommunikation mit Tieren und Natur ; [Übungsbuch mit Lösungun]

Intermediate English Exercises

Advanced English Exercises

Including Three-Loop Serpentine, Cinnamon Buns, Carousel Pairs, Thread the Needle & 97 more

Die Sprache der Pferde

„Bis heute strahlt sein Wirken deutlich nach Frankreich, Portugal, Russland. Was man ihm vorwirft, trifft den Durchschnitt, der ihn nachäffte, ohne ihn zu verstehen, den einsamen Genialen. Er hat es gewagt, aus ursprünglichen Tricks ein schulgerechtes System zu entwickeln. Ein System, das dem Kunstbegabten den Horizont erweitert. Ein Werk, das von einzelnen noch heute immer wieder zu großartiger Kunst geadelt wird.“ (B. Schirg)

Enables you to plan exercises according to you and your horse's level of ability. Whether you want to increase your horse's balance, general impulsion or practice more advance lateral work the easy-to-follow exercises explain everything in order for you to ride the movement correctly, what may go wrong and advice on how to correct it. Each exercise is accompanied by an aerial illustration of the arena and additional diagrams showing the rider's position, including where the emphasis should be on the rider's aids.

"Das Pferd ist unser Lehrmeister, von dem wir lernen. Wir müssen uns ihm anpassen und nicht das Pferd an uns. Das Pferd muss seinen Reiter als Ranghöheren anerkennen und respektieren, aber nicht fürchten. Nur wenn das Pferd zu seinem Reiter und dieser zu seinem Pferd volles Vertrauen haben kann, können große Leistungen erzielt werden." Auf diesen vom Autor formulierten Grundsätzen der Partnerschaft, der sensiblen Kommunikation zwischen Reiter und Pferd und des gegenseitigen Vertrauens und Respekts basiert die Lehrmethode des seit Jahrzehnten außerordentlich erfolgreichen und anerkannten Dressurtrainers

Walter Zettl, der hier seine über 50-jährige Erfahrung als Lehrer und Ausbilder von Pferden und Reitern einbringt. Sein Buch "Dressur in Harmony" verkauft sich bereits in 2. Auflage erfolgreich in den USA und ganz Nordamerika. Es "führt in klar formulierten und leicht verständlichen Kapiteln Schritt für Schritt durch alle Ausbildungsstufen, bespricht aufkommende Probleme und hilft mit einfühlsamen

Korrekturen dem Anfänger, ein Meister zu werden" (aus dem Vorwort von Egon v. Neindorff).

Am Beispiel des Mustangs Shy Boy, den Monty Roberts im Frühjahr 1997 in der Wildnis von Nevada nach seiner Join-up-Methode fing, erzählt er packend und anschaulich, welche Bedeutung dieses Ereignis für ihn und sein Lebenswerk hat. Begleitet wurde er von dem jungen amerikanischen Fotografen Christopher Dydk: Weit über einhundert sensationelle Farbfotos dokumentieren das Abenteuer, mit dem Monty Roberts sich einen Jugendtraum erfüllte ? und lassen den Leser stimmungsvoll an der Welt des Monty Roberts und der Philosophie, die seiner Arbeit zugrunde liegt, teilhaben.

Von der Basis bis zum Grand Prix

Das Pferd - Eleganz in Perfektion

101 Western Dressage Exercises for Horse & Rider

Der mit den Pferden spricht

Das Glück ist grau

And Other Humor from a Life with Horses

Ground Work, Driving, Riding

A highly illustrated guide to simple yet effective methods for keeping horses sound, healthy, and performing their best. Over time, horses (like people) acquire postural habits, compensate for soreness and injury, and develop poor movement patterns. This limits performance ability, causes unsoundness and health issues, and ultimately undermines the horse's overall well-being. Jec Aristotle Ballou has made a name for herself advocating for the horse and providing sensible instruction in his schooling, conditioning, and care. Her bestselling books and popular clinics are designed to enable any horse person to correctly apply proven principles that bring measurable progress while avoiding boredom and confusion. In her latest collection of mounted and unmounted corrective exercises, Ballou demonstrates how we can actively work to improve the horse's posture and movement, whether he is: An active performance or pleasure mount. An aging or older horse that benefits from gentle exercise. A horse being rehabilitated following injury, illness, or lack of conditioning. Ballou's positive cross-training techniques are free of shortcuts, and her guidelines for analyzing the horse's posture and way of going help readers gain a new awareness of the equine body. Applicable for all disciplines and full of quality color photographs to explain the exercises, this is an integral collection that optimizes how the horse uses his body and helps ensure he stays sounder and healthier for more years of his life.

The USDF Guide to Dressage

Complete Horse Riding Manual

Equine Fitness

Das Dressur-Pferd

Reiten aus der Körpermitte

A Ringside Guide for Horse & Rider

What Every Horse Should Know