

Atp Guidelines Ldl

This book is an up-to-date and comprehensive reference on lipidology. It will serve as a stimulus to the reader to continue to learn about the ever changing and fascinating field of therapeutic lipidology. It will also empower readers to improve and extend the lives of the patients they so conscientiously serve.

Even though there has been improvement in treatment and significant reduction in mortality rate, cardiovascular disease remains one of the leading causes of death around the world. Drug therapy continues to rank high as a way to manage heart disease █ making cardiovascular pharmacology a key part of medical education and drug development research. This book addresses the needs of these students and researchers by systematically integrating essentials, advances, and clinical correlations for cardiovascular drugs. The author, who has over two decades of experience teaching this topic, covers both the fundamentals and most recent advances in the pharmacology of cardiovascular drugs, as well as their integrated applications in the management of individual cardiovascular diseases. In addition, the text presents evidence-based pharmacotherapeutics in the management of common cardiovascular diseases and conditions that include dyslipidemias, hypertension, ischemic heart disease, heart failure, cardiac arrhythmias, and ischemic stroke. Written in an accessible style and consistent format, the book covers both the fundamentals and advances in the pharmacology of cardiovascular drugs, as well as their integrated applications in the management of individual cardiovascular diseases. █ Blends basic and clinical sciences needed to effectively understand and treat cardiovascular diseases █ Facilitates understanding of drug action and mechanism by covering physiology / pathophysiology and pharmacology █ Includes guidelines and algorithms for pharmacotherapeutic management of cardiovascular diseases █ Uses case presentations and study questions to enhance understanding of the material █ Serves as a resource for pharmaceutical and medical students and researchers interested in cardiovascular issues

This is both a memoir of the author's path to becoming a doctor and a useful medical guide to achieving and keeping good health. This book can empower readers to take charge of their own health.

International experts from world-renowned medical schools comprehensively review for practicing clinicians and scientists alike the latest understanding of the epidemiology, causation, and consequences of diabetes and obesity. The authors discuss in detail their diagnosis, clinical manifestations, complications, and best practices for diagnosis and treatment. They also review the history and epidemiology of these conditions, explain their genetics and pathophysiology, and illuminate their known mechanisms and interactions. State-of-the-art survey-chapters critique current approaches (lifestyle and pharmacological) to the treatment of these conditions.

Lifestyle Medicine, Third Edition

Third Report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (adult Treatment Panel III)

The Cleveland Clinic Cardiology Board Review

Obesity and Diabetes

Current Clinical Medicine E-Book

Integrative Medicine

A complete, state-of-the-art bible of interprofessional primary care in one easy-to-use resource for Interprofessional Primary Care A truly interprofessional primary care textbook, created by DNP's/APRN's, MDs, PharmDs, PAs, CNSs, and CNMs Evidence-based practice guidelines for Primary Care Includes community care, team work, and wellness coachings Strong guidance on differential diagnosis, disease prevention, risk reduction and lifestyle management Across the lifespan focus PLUS gender, occupational and palliative care considerations Case Studies in PPT format available to faculty adopting the text This second edition of Primary Care delivers succinct, current, and integrated information on the assessment, differential diagnosis, treatment, and management of individuals with commonly seen conditions in primary care settings. Written and edited by APNs, MDs, PAs, PharmDs and other health professionals, it emphasizes guidance on differential diagnosis, interprofessional primary care, lifestyle management, health promotion, risk reduction, and disease prevention. The text features  relationship-centered care, extensive coverage of age, gender, and occupational considerations; complementary approaches; nutritional assessment; violence exposure and vulnerability assessment; family, community, and cultural assessment; palliative care; and evidence-based practice guidelines. This important text presents current diagnostic criteria for each condition and includes relevant anatomy, pathology, and physiology, epidemiology of the condition, including cultural and economic factors, risk identification, and disease prevention strategies. Also included are related laboratory studies, the focused physical exam, wellness coaching, treatment options, potential pitfalls, and much more. Additionally, the book includes clinical "pearls", clinical warnings, referrals and warning points, and references. The text is of value to all interprofessional primary care providers, with a special focus on the needs of advanced practice nurses and MSN/DNP students, and as a course textbook for teaching primary health care topics New to the Second Edition: Increased focus on interprofessional primary care, including community care, team work, and wellness coaching Strong guidance on differential diagnosis, disease prevention, risk reduction and lifestyle management Broad team of interprofessional authors and editors Special focus on elder/geriatric primary care and palliative care Evidence-based practice guidelines Stronger focus on age, gender, and occupational considerations Focus on age, gender, and occupational considerations Case Studies in PPT format available to faculty adopting the text

Thoroughly revised and updated, Nutrition in Public Health explores the complex, multifaceted array of programs and services that exist in the United States today that are dedicated to bettering population health through improved nutrition. The Fourth Edition explores the subject by first considering how nutrition fits into public health and then by examining policymaking, assessment and intervention methods, special populations, food security, and program management.

Following the guidelines established in the Guidelines for Nutrition Care of Renal Patients, 3e, this publication details the complexities of nutrition assessment for patients with chronic kidney disease. The latest information and recommendations regarding cardiovascular disease in renal failure, the methods and formulas used to determine dialysis adequacy, and the recommendations for supplementation of vitamins and minerals and the problems with toxicity and deficiency in the renal population are included.

Completely revised with new chapters and sections covering everything the health-care provider needs to know when working with the older adult either at home or in nursing and long-term care facilities. Chapters cover factors affecting nutrition, nutrition and disease, nutritional assessment, dining challenges and regulatory compliance. This scientifically sound and practical resource for new and experienced nutrition professionals includes new forms, resources, the food guide pyramid for older adults and an index of tales.

A Case-Based Guide for Medical Students

Primary Care, Second Edition

Morbidity and Mortality Weekly Report

Handbuch der Fettstoffwechselsst rungen

Final Report

Facing the Ever-Expanding Market for Medical Care

Drugs for the Heart presents highly portable, up-to-date information on every drug class used to treat cardiovascular disease. Drs. Lionel H. Opie and Bernard J. Gersh put the latest dosages, interactions, indications and contraindications, side effects, and more at your fingertips, equipping you to make effective clinical decisions on behalf of your patients. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Quickly check when to use each drug for any condition with the popular "Which Drug for Which Disease" chapter. Get expert advice from the practice-proven experience of two well-known editors who represent the best possible combination of clinical and research expertise in cardiovascular therapeutics. Expedite your reference with summaries of each drug class at the end of chapters. Carry it with you anywhere thanks to a highly compact, pocket-sized format. Navigate the latest pharmacologic advances through coverage of the newest drugs and drug classes, as well as all the latest clinical trial results and evidence used to treat heart disease. Effectively manage comorbid diseases. Apply international insights into cardiac drugs, thanks to new global contributors. Visualize key pharmacologic and physiologic actions thanks to dynamic new full-color drawings.

Current Clinical Medicine's 2nd edition, by the world famous Cleveland Clinic, is an Internal Medicine reference that gives you authoritative and actionable information wherever you are, whenever you need it. More than 40 updated chapters, 13 new chapters, and 30% new illustrations ensure that you'll have access to the most up-to-date guidance. In addition to its user-friendly, easy-access format and consistent, reliable coverage, this Expert Consult title includes a website with the complete contents of the book, fully searchable, downloadable images, and more, to keep you and your practice completely current. Includes access to a website featuring the complete contents of the book, fully searchable, access to patient information sheets, links to the Gold Standard Drug database, and much more, to keep you completely current. Provides consistent, reliable coverage to keep you on the top of your game. Includes summary boxes and algorithms for quick, confident diagnosis and treatment of each condition. Features a user-friendly format so you can find information quickly and easily. Contains more than a hundred full-color illustrations with a special focus on dermatology for highly visual guidance. Uses evidence-based gradings to help you evaluate your diagnoses. Includes many new chapters—including Hepatocellular Carcinoma, Head and Neck Cancer, Takayasu's Arteritis, and Non-Hodgkin and Hodgkin Lymphoma—as well as more than 40 substantially revised chapters, that ensure that you'll have access to the most current coverage. Features 30% new illustrations that provide you with updated details, concepts, and procedures.

These three volumes sort out the science behind nightly news reports and magazine cover stories, and help define the interdisciplinary field of lifestyle medicine and health.

Written by the world's foremost authorities, this volume provides comprehensive coverage of current approaches to the prevention, diagnosis, and management of atherothrombosis and its coronary and noncoronary complications. This edition has been thoroughly updated, sharply focused on clinical information, and trimmed to one manageable volume. Coverage begins with a review of risk factors and prevention, emphasizing lipid abnormalities, hypertension, smoking, diabetes, and obesity. Subsequent sections examine the pathogenesis of atherosclerosis, markers and imaging, acute coronary syndromes, chronic stable angina, and noncoronary atherothrombosis. Clinical presentations, medical management, and the latest interventional strategies are included.

Therapeutic Lipidology

Resources and Practical Applications

Cardiology E-Book

Contemporary Diagnosis and Management of Dyslipidemias in Women

Preventive Cardiology

MMWR

Every new print copy includes 365-day access to Navigate Advantage for Community and Public Health Nutrition which unlocks a complete eBook, assessments, a full suite of instructor resources, and learning analytics reporting tools. Updated with the latest data in the field, Community and Public Health Nutrition, Fifth Edition explores the complex, multifaceted array of programs and services that exist in the United States today that are dedicated to bettering population and community health through improved nutrition. The Fifth Edition explores the subject by first considering how nutrition fits into public health practice and then by examining policymaking, assessment and intervention methods, special populations, food security, and program management.

Primary Care of Women, Second Edition is an essential and easy-to use resource for healthcare providers who offer primary care to women. Ideal for new and experienced clinicians, it focuses on the need to address women ' s health holistically. Each chapter begins by discussing common symptoms and how to evaluate them before moving on to diagnosis and management of the most common conditions seen in women. Topics include prevention, screening, management of common health problems, and the presentation and management of common health issues in pregnancy. Completely updated and revised, the Second Edition includes new chapters on sleep disorders, dental health, and complementary and alternative medicine. Also included is an increased focus on topics such as mental health and violence.

Cardiovascular diseases are responsible for enormous loss of human life involving huge expenditure globally. Being responsible for almost 25 to 30% of deaths often without warning signals, stresses the fact that efforts on Preventive Cardiology with the scientific proof of its efficacy is the only viable option. This book is a useful tool to gain comprehensive knowledge of all basic aspects of common cardiovascular diseases. Hopefully this book may be a useful introduction to preventive cardiology, the medical student, postgraduates in medicine and general public to make awareness on preventio.

A complete, state-of-the-art bible of interprofessional primary care in one easy-to-use resource for Interprofessional Primary Care A truly interprofessional primary care textbook, created by DNP's/APRN's, MDs, PharmDs, PAs, CNSs, and CNMs Evidence-based practice guidelines for Primary Care Includes community care, team work, and wellness coachings Strong guidance on differential diagnosis, disease prevention, risk reduction and lifestyle management Across the lifespan focus PLUS gender, occupational and palliative care considerations Case Studies in PPT format available to faculty adopting the text This second edition of Primary Care delivers succinct, current, and integrated information on the assessment, differential diagnosis, treatment, and management of individuals with commonly seen conditions in primary care settings. Written and edited by APNs, MDs, PAs, PharmDs and other health professionals, it emphasizes guidance on differential diagnosis, interprofessional primary care, lifestyle management, health promotion, risk reduction, and disease prevention. The text features ' relationship-centered care, extensive coverage of age, gender, and occupational considerations; complementary approaches; nutritional assessment; violence exposure and vulnerability assessment; family, community, and cultural assessment; palliative care; and evidence-based practice guidelines. This important text presents current diagnostic criteria for each condition and includes relevant anatomy, pathology, and physiology, epidemiology of the condition, including cultural and economic factors, risk identification, and disease prevention strategies. Also included are related laboratory studies, the focused physical exam, wellness coaching, treatment options, potential pitfalls, and much more. Additionally, the book includes clinical "pearls", clinical warnings, referrals and warning points, and references. The text is of value to all interprofessional primary care providers, with a special focus on the needs of advanced practice nurses and MSN/DNP students, and as a course textbook for teaching primary health care topics New to the Second Edition: Increased focus on interprofessional primary care, including community care, team work, and wellness coaching Strong guidance on differential diagnosis, disease prevention, risk reduction and lifestyle management Broad team of interprofessional authors and editors Special focus on elder/geriatric primary care and palliative care Evidence-based practice guidelines Stronger focus on age, gender, and occupational considerations Focus on age, gender, and occupational considerations Case Studies in PPT format available to faculty adopting the text

Evidence in Practice

Drug and Disease Management

Clinical Men's Health

Lifestyle Medicine, Second Edition

Endocrinology: Adult and Pediatric E-Book

Cardiologist Adherence to NCEP ATP III LDL-C Guidelines in Patients with Known Coronary Heart Disease

Drawing on solid scientific evidence as well as extensive first-hand experience, this manual provides the practical information you need to safely and effectively integrate complementary and alternative treatment modalities into your practice. It explains how alternative therapies can help you fight diseases that do not respond readily to traditional treatments... presents integrative treatments for a full range of diseases and conditions, including autism, stroke, chronic fatigue syndrome, and various forms of cancer...explores how to advise patients on health maintenance and wellness...and offers advice on topics such as meditation, diet, and exercises for back pain. 24 new chapters, a new organization, make this landmark reference more useful than ever. Provides dosages and precautions to help you avoid potential complications. Delivers therapy-based pearls to enhance your patient care. Facilitates patient education with helpful handouts. Offers helpful icons that highlight the level and quality of evidence for each specific modality. Includes bonus PDA software that lets you load all of the therapeutic review sections onto your handheld device. Presents a new organization, with numerous section headings and subheadings, for greater ease of reference. Provides additional clinical practice and business considerations for incorporating integrative medicine into clinical practice.

Dyslipidemia is a major risk factor for cardiovascular disease, which is the leading cause of morbidity and mortality around the globe, particularly among aging populations. Lipoprotein disorders, frequently encountered by clinicians, require early recognition and treatment. In this book, we assembled a group of world-renowned scholars in their field to address major areas in lipoprotein disorders that are imminently relevant to clinicians and other healthcare providers. Areas discussed include an overview of lipid metabolism, a complex topic, presented in a simplified and rational way. We also highlight recent developments in the field including dyslipidemias characterized by nontraditional lipid biomarkers. Furthermore, we discuss the pathogenesis of atherosclerosis and the role of dyslipidemia. Other chapters include the assessment of primary and secondary causes of dyslipidemia. Targets for treatment as well as the role of major therapeutic agents including statins and PCSK9 inhibitors are also discussed in light of the most recent guidelines by major international organizations. This is in addition to an overview of lifestyle and dietary modification as well as alternative options for dyslipidemia management. Furthermore, dyslipidemia in special populations is emphasized including various ethnic groups as well as those with HIV disease, chronic kidney disease, among others. The role of adiposity including brown fat together with highlights on lipidomics and dyslipidemias characterized by nontraditional lipid biomarkers is also highlighted. We believe that this volume will serve as a valuable resource, not only for clinicians and other healthcare providers, but for students and research scholars as well.

Up to date and easy to read, this textbook provides comprehensive coverage of all major concepts of health promotion and disease prevention. It highlights growth and development throughout the life span, emphasizing normal development as well as the specific problems and health promotion issues common to each stage. All population groups are addressed with separate chapters for individuals, families, and communities. -- Provided by publisher.

This South Asia edition of the market-leading cardiac drug resource presents drug and disease scenarios apt for this region. It provides in-depth information on every drug class used to treat heart disease, including the popular "Which Drug for Which Disease" chapter - equipping readers to make effective clinical decisions.. Navigate the latest pharmacologic advances through coverage of the newest drugs and drug classes, as well as all the latest clinical trial results and evidence. . Effectively manage comorbid diseases. . Apply international insights-thanks to new global contributors. . Visualize key pharmacologic and physiologic actions-thanks to dynamic new full-color drawings.

Stroke

A Practical Approach

Cardiovascular Therapeutics

Drugs for the Heart

A Companion to Braunwald's Heart Disease

Community and Public Health Nutrition

Here's a conundrum: the U.S. health care system is the largest sector in the biggest economy in the world, and the US spends significantly more per capita on health care than any other country. Yet it ranks last among comparison nations on the major health indicators. Robert Kaplan attempts to tackle these anomalies head-on by taking the controversial position that mass markets have been created for services that may offer little or no benefit to patients. Kaplan forcefully argues that the overuse of medications and tests runs up the costs of health care, and offers potential solutions for policy makers and for patients.

This book highlights concepts of professionalism in medicine such as ethical issues and both clinical and non-clinical challenges in patient care.

There is no doubt that daily habits and actions exert a profound health impact. The fact that nutritional practices, level of physical activity, weight management, and other behaviors play key roles both in the prevention and treatment of most metabolic diseases has been recognized by their incorporation into virtually every evidence-based medical guideline. Despite this widespread recognition, physicians and other healthcare workers often cannot find a definitive and comprehensive source of information on all of these areas. Designed for physicians and other health care workers, Lifestyle Medicine, Second Edition brings together evidence-based research in multiple health-related fields to assist practitioners both in treating disease and promoting good health. Sections cover nutrition and exercise, behavioral psychology, public policy, and management of a range of disorders, including cardiovascular disease, endocrine and metabolic dysfunction, obesity, cancer, immunology and infectious diseases, pulmonary disorders, and many more.

The author, one of the lipid experts in the world, together with a cast of contributors, provides all of the scientific and clinical information needed to manage every aspect of dyslipidemia. From basic science to pathogenesis of atherothrombotic disease to risk assessment and the latest therapy options, this new title in the Braunwald's Heart Disease family offers up-to-date coverage and guidance on lipidology in a straightforward, accessible, and user-friendly style. Contains extensive clinically relevant information covering risk assessment, therapy, special patient populations, and experimental therapies, including targeting HDL to help you effectively manage any challenges you face. Uses treatment algorithms for easy access to key content. Presents current practice guidelines that assist in the decision-making process.

Health Promotion Throughout the Life Span

Nutrition in Public Health

Atherothrombosis and Coronary Artery Disease

Renal Care

Third report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (adult treatment panel III) executive summary.

Dyslipidemia

Dr. Ballantyne—one of the foremost lipid experts in the world and recruited by Dr. Braunwald's Heart Disease editorial team—together with a stellar cast of contributors provides all of the scientific and clinical information you need to effectively manage every aspect of dyslipidemia. From basic science to pathogenesis of atherothrombotic disease to risk assessment and the latest therapy options, this new title in the Braunwald's Heart Disease family offers unparalleled coverage and expert guidance on lipidology in a straightforward, accessible, and user-friendly style. • Features the expertise of one of the foremost experts in the field, ensuring you get authoritative guidance with the most definitive knowledge available. • Contains extensive clinically relevant information covering risk assessment, therapy, special patient populations, and experimental therapies, including targeting HDL to help you effectively manage any challenges you face. • Uses treatment algorithms for easy access to key content. • Presents current practice guidelines that assist in the decision-making process.

The contributors to this volume deliver information on latest drug treatments and therapeutic approaches for a wide range of diseases and conditions. Coverage includes discussion of racial, ethnic, and gender differences in response to drugs and to biotechnical, pediatric and neonatal therapies.

The Cleveland Clinic Cardiology Board Review offers thorough preparation for board certification and recertification exams in cardiology. It is written by distinguished clinicians from the Cleveland Clinic Foundation's Department of Cardiovascular Medicine and based on the Cleveland Clinic Foundation's popular annual Intensive Review of Cardiology course. In 62 chapters, the book provides a comprehensive, state-of-the-art review of every area of contemporary cardiovascular medicine. Emphasis is on board relevant clinical material and accurate real-world clinical decision making. More than 400 illustrations and numerous tables facilitate quick review. Board-format questions with answers and explanations appear at the end of each section.

Manage cardiovascular problems more effectively with the most comprehensive resource available! A trusted companion to Braunwald's Heart Disease, Cardiovascular Therapeutics, 4th Edition addresses pharmacological, interventional, and surgical management approaches for each type of cardiovascular disease. This practical and clinically focused cardiology reference offers a balanced, complete approach to all of the usual and unusual areas of cardiovascular disease and specific therapies in one concise volume, equipping you to make the best choices for every patient. Understand current approaches to treating and managing cardiovascular patients for long-term health, for complex problems, and for unusual cardiac events. Benefit from the substantial experience of Elliott M. Antman, MD, Marc S. Sabatine, MD, and a host of other respected authorities, who provide practical, evidence-based rationales for all of today's clinical therapies. Expand your knowledge beyond pharmacologic interventions with complete coverage of the most effective interventional and device therapies being used today. Easily reference Braunwald's Heart Disease, 9th Edition for further information on topics of interest. Make the best use of the latest genetic and molecular therapies as well as advanced therapies for heart failure. Cut right to the answers you need with an enhanced focus on clinically relevant information and a decreased emphasis on pathophysiology. Stay current with ACC/AHA/ESC guidelines and the best ways to implement them in clinical practice. Get an enhanced visual perspective with an all-new, full-color design throughout. Access the complete contents online and download images at www.expertconsult.com.

Recalled to Health

Professionalism in Medicine

Retrospective Evaluation of Statin Therapy Medication-taking Behaviors and Achievement of Low Density Lipoprotein Goals by Coronary Heart Disease Risk

An Interprofessional Perspective

Encyclopedia of Lifestyle Medicine and Health

Dyslipoproteinämien und Atherosklerose ; Diagnostik, Therapie und Prävention ; mit 193 Tabellen

With your heavy case load, you can't afford to waste time searching for answers. Cardiology, 3rd Edition, by Drs. Crawford, DiMarco, and Paulus, offers you just the practical, problem-based guidance you need to quickly overcome any clinical challenge. 8 color-coded sections cover the 8 major clinical syndromes of cardiovascular disease—each section a virtual "mini textbook" on its topic! 40 new chapters keep you up to date with the latest advances in the field, while more than 2,000 lavish, high-quality illustrations, color photographs, tables, and ECGs capture clinical manifestations as they present in practice. It's current, actionable information that you can put to work immediately for your patients! Offers a problem-based approach that integrates basic science, diagnostic investigations, and therapeutic management in one place for each cardiovascular disease so you can quickly find all of the actionable knowledge you need without flipping from one section to another. Features introductory bulleted highlights in each chapter that present the most pertinent information at a glance. Presents abundant algorithms to expedite clinical decision making. Includes more than 2,000 lavish, high-quality illustrations, color photographs, tables, and ECGs that capture clinical manifestations as they present in practice, and promote readability and retention. Includes 40 new chapters including Inherited Arrhythmia Syndromes, Implantable Cardioverter-Defibrillators and Cardiac Resynchronization Therapy in CHD, Management of the Cyanotic Patient with CHD, Special Problems for the Cardiology Consultant Dealing with Bariatric/Gastric Bypass — and many more — that equip you with all of the latest knowledge. Presents "Special Problem" sections—many new to this edition—that provide practical advice on problems that can be difficult to treat.

Fettstoffwechselstörungen gelten als entscheidender Risikofaktor für Herz-Kreislauf-Erkrankungen, die häufigste Krankheits- und Todesursache in Deutschland. Alle Hintergrundinformationen zu dieser komplexen Thematik enthält das "Handbuch der Fettstoffwechselstörungen" - die einzige detaillierte, umfassende deutschsprachige Darstellung des Fettstoffwechsels und seiner Zusammenhänge mit der Atherosklerose. Mehr als 80 namhafte Autoren aus Deutschland, anderen europäischen Ländern und den USA bringen ihr profundes Wissen in dieses Werk ein. Damit wird das Handbuch für alle, die sich mit dem Thema "Fettstoffwechsel und Atherosklerose" auseinandersetzen, zum grundlegenden Standardwerk. Ebenso ausführlich wie praxisbezogen behandelt die komplett überarbeitete 3. Auflage - die Physiologie und Pathophysiologie des Lipoproteinstoffwechsels, - primäre und sekundäre Dyslipoproteinämien sowie Fettspeicherkrankheiten, - die Pathophysiologie der Atherosklerose und Epidemiologie der Gefäßkrankheiten, - diagnostische Maßnahmen und alle medikamentösen wie auch nicht medikamentösen Therapiemöglichkeiten sowie - Atherosklerosepräventionsstrategien und ihren Stellenwert im Hinblick auf Kosten-Nutzen-Relationen.

Considered the definitive source in its field for over 35 years, Endocrinology: Adult and Pediatric, has been thoroughly updated to reflect today's recent advances in adult and pediatric endocrinology. Unique perspectives from a team of trusted, world-renowned experts ensure this medical reference book remains the most highly-regarded text in the field. Make the best clinical decisions with an enhanced emphasis on evidence-based practice and expert opinions on treatment strategies. Zero in on the most relevant and useful references with the aid of a more focused, concise bibliography. Locate information quickly, while still getting the complete coverage you expect. Expanded coverage for key topics such as pediatric endocrinology and obesity mechanisms and treatment, in addition to today's hot topics in endocrinology, including endocrine disruptors, bariatric surgery, androgen deficiency, genetic causes of obesity, endocrine rhythms, and the use of tyrosine kinase inhibitors in thyroid cancer. New content addressing the latest advances in testosterone and estrogen replacement, as well as the new causes of calcium and phosphate disorders, new molecular causes of endocrine cancers, new genetic causes of reproductive disorders, and more. Updated clinical guidelines for diabetes, lipid disorders, obesity management, osteoporosis, and more, as well as essential treatment updates for the medical management of acromegaly, Cushing's Disease, hypercalcemia, and diabetes mellitus. New Key Points provide snapshots of what to expect in each chapter, or serve as a refresher of what you just read. Consult this title on your favorite e-reader.

This book is a unique source of practical information for frontline providers of care for stroke patients. It focuses on patient management—from stroke prevention through acute stroke management, through chronic care—and offers how-to guidance on implementing diagnostic and treatment protocols. Each chapter includes a bulleted list of key learning points; an evidence-based rationale for why the diagnostic and treatment recommendations work; a step-by-step approach to clinical application; practical recommendations from the authors; a critical pathway; and a bibliography. An entire chapter focuses on building a stroke team. Appendices include reproducible samples of order sets and a list of important medications.

Nutrition Care of the Older Adult: a Handbook for Dietetics Professionals Working Throughout the Continuum of Care

Clinical Lipidology

Cardiovascular Diseases

Textbook of Therapeutics

Disease, Diagnoses, and Dollars

Primary Care of Women

The field of lifestyle medicine, which is the study of how daily habits and actions impact on both short- and long-term health and quality of life, continues to expand globally. The scientific and medical literature that supports the success of these lifestyle habits and actions is now overwhelming. Thousands of studies provide evidence that regular physical activity, maintenance of a health body weight, following sound nutritional practices, stress reduction, and other good practices all profoundly impact both health and quality of life. Following its predecessors, Lifestyle Medicine, Third Edition, is edited by lifestyle medicine pioneer, cardiologist Dr. James Rippe. This edition has been thoroughly updated and represents the expert opinions of 20 section editors as well as more than 150 expert chapter authors whose knowledge span all aspects of this emerging discipline. Topics cover lifestyle medicine practices including regular physical activity, proper nutrition, and weight management. These principles are applied to the prevention and or treatment of a wide variety of chronic conditions ranging from heart disease and diabetes to cancer, mental health, addiction, and injury prevention. This book serves as evidence base for individuals who wish to practice lifestyle medicine or incorporate some of its principles into either general medicine or subspecialty practice. It provides valuable information to healthcare workers in the fields of nutrition, exercise physiology, psychology, behavioral medicine, health promotion, and public policy where lifestyle medicine principles play an ever-increasing role.

Coronary heart disease (CHD) causes more deaths in the United States than any other. Those with known CHD are at increased risk for future coronary events, and high levels of low-density lipoprotein cholesterol (LDL-C) have been proven to hasten this process. Attainment of the National Cholesterol Education Program (NCEP) target LDL-C levels is a difficult undertaking. The purpose of this retrospective descriptive study was to assess adherence to NCEP Adult Treatment Panel III (ATP III) LDL-C guidelines of cardiologists as a whole and independently. Demographic variables were examined. This data collection and interpretation provides valuable information to develop strategies for improved attainment of these guidelines. The Quality Assurance Model Using Research was the framework of this study. Results indicated excellent adherence (93.8%) to NCEP ATP III LDL-C guideline in patients at high risk for CHD and fair (40.2%) adherence to NCEP ATP III LDL-C guideline in very-high risk for CHD patients.

This text provides a biopsychosocial approach to diseases and disorders of male patients from birth through late adulthood. Replete with current evidence-based guidelines to facilitate clinical decision-making, the framework of each chapter builds upon epidemiological data centered on men.

Clinical Lipidology: A Companion to Braunwald's Heart Disease E-Book

Free Yourself from a Self-imposed Prison of Bad Habits

Expert Consult - Online

Drugs for the Heart E-Book

From Molecular Pharmacology to Evidence-Based Therapeutics